

Cyber Security Program - Security Risk Assessment Training

GM International in cooperation with TVC Functional Safety Services are pleased to recommend the TÜV Rheinland Cyber Security Training Program, a unique opportunity to provide evidence of competency in Cyber Security from an internationally recognized organisation. The CySec Specialist (TÜV Rheinland) certificate program demonstrates competency with respect to assessing and specifying Industrial Automation Control and Safety System (IACS) Security and provides a skill set enabling staff to fulfill responsibilities and to perform activities to recognised standards of competence, in order to:

- reduce the risk of a successful cyber attack
- satisfy legal and regulatory requirements
- meet the organisation's system security and business objectives



By understanding:

- The principles and concepts in the internationally agreed standard IEC 62443
- The concepts and principles behind international standards that cover the area of cyber security and how and when to apply them including:
 - Security Risk Assessment (SRA) - IEC 61511-1 2nd Edition
 - Cyber Security Management System (CSMS) and SRA – IEC 62443
 - Network and Information Systems (NIS)
- Defining Tolerable risk criteria for Security
- The concept and principle of reducing risks to As Low As Reasonably Practicable (ALARP)
- Understanding how and when to apply qualitative, semi quantitative and quantitative risk assessment techniques and methods
- How to calibrate, prepare and apply popular security risk determination methodologies, such as Attack Trees
- The Interface between SRA and the Cyber Security Requirements Specification

COURSE OBJECTIVES

The objective of the course is to provide participants with a fundamental understanding of the principles of IACS Cyber Security Risk Assessment in the process industries according to IEC 62443 and to understand:

- The role and the process of Security Risk Assessment (SRA) in gaining an understanding of the security risks on the facility and their potential consequences.
- The concept of Security Level – Targets (SL-T) and the Cyber Security Requirements Specification (CSRS)
- The relationship between SL-T and CSRS to the design and implementation of security countermeasures that are capable and able to achieve the security requirements needed of the determined security level.

Successful participants, who have sufficient experience and have passed both the Cyber Security fundamentals and Security Risk Assessment exams, will be eligible for the prestigious CySec Specialist (TÜV Rheinland) certificate in Security Risk Assessment.

WHO SHOULD ATTEND?

Functional, Process and Technical Safety Engineers, Control and Instrument Engineers and Managers, Process Engineers, Operations personnel and managers, maintenance staff, consultants, advisors and persons involved in management, engineering, operations and safety of process operations as well as persons with PH&RA experience and who are currently involved process hazard and risk analysis, and will be required to take part in the Security Risk Assessments and Cyber Security requirements specification.

CYBER INSECURE?

Every 39 seconds a hacker attack occurs.
How prepared are you?



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TRAINING PROGRAM

Day 1 Agenda

Provides an introduction to the background, concepts and principles to be applied to the Security risk assessment, competency, compliance, security management and the relevant international standards. The Security Risk Assessment using a risk matrix will be discussed as well as the introduction to the case study. The topics covered are:

- Introduction to TUV Rheinland Cyber Security (CySec) Program
- Requirements for Cyber Security in the IACS environment, including IEC 61511 and the Network and Information Systems (NIS) directive.
- Security Management and Common Management Systems
- Introduction to Security in the IACS environment
- Introduction to the relevant Security and Safety Standards
- Introduction to the IEC 62443 Security Lifecycle
- Introduction to Risk Assessment specific standards
- Asset Inventory and its relation to Security Risk Assessment
- Introduction to the Case Study
- Asset Inventory exercise – Session 1
- Types of Risk Assessment – Quantitative, Semi Quantitative & Qualitative
- High-Level Security Risk Assessment
 - How to use previous Process Hazard Analysis (PHA) as an input to High-Level SRA
 - Determination of the High-Level Threat Scenarios
 - Determination of the High-Level Vulnerabilities
 - Determination of the High-Level Risk
 - Determination of the preliminary Security Level - Target
- High-Level SRA exercise – Session 2

Day 2 Agenda

Further develops on the concepts, principles and techniques carried out in day one and the case study work by taking the output from the High-Level SRA and evaluates the risks based on their likelihood and consequence and prioritises them for examination in the Detailed-Level SRA. The second day also includes an explanation of what outputs would be expected from the High-Level SRA. The principles and activities of the Zoning and Conduit sections of the IEC 62443 will also be explained. The topics covered are:

- The required outputs from the High-Level SRA
- Requirements of IEC 62443 with relation to the Zone and Conduit exercise.
- Trust Boundaries, Entry Points and further benefits of the Zone and Conduit exercise
- Allocation of IACS to Zone
 - Network Segmentation
 - System Architecture
- Allocation of Zones Exercise – Session 3

Day 3 Agenda

Develops on the case study work carried out in day one and two taking the outputs from the High-Level SRA and the Zone and Conduit exercise and then examining the prioritised risk zones in detail in the Detailed-Level SRA. Also covered is the relation between the Detailed-Level SRA and Attack Trees and how they may be used in both the risk assessment and the effective implementation of the countermeasures/security controls. The topics covered are:

- IEC 62443 Detailed-Level SRA requirements
- Description of Attack Surfaces in the ICS Environment
- Detailed-Level SRA Process
 - Determination of Threats including Threat Assessment
 - Determination of Vulnerabilities including Vulnerability Assessment
 - Determination of the Detailed Risk and Security Level
 - Targets through the use of a Security Risk Matrix
- The Importance of Security Level - Targets and their relation to
- Foundational Requirements
- How pruning of Attack Trees can be used to demonstrate a Risk-Based approach to risk reduction
- Detailed-Level SRA exercise – Session 4
- Risk Management (Acceptance)
- IEC 62443 Required Documentation for SRA, including the Cybersecurity
- Requirement Specification (CRS)
- Risk Management (Monitoring and Review)
- Concluding remarks
- Format of exam and preparation and close

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COURSE PROVIDER

TVC FUNCTIONAL SAFETY SERVICES FZ-LLC (tinovc.com)

Our team of industry-leading experts are providing worldwide Functional Safety and IACS Cyber security Training and Consultancy Services for equipment manufacturers, consultancy organizations, EPC's, End Users in the Oil & Gas, Chemical, Petrochemical, Pharmaceutical, LNG, Mining, Refining and Petroleum Industries. We are delivering consultancy support to all activity phases of the safety lifecycle and have translated our over 30 years' industrial experiences in practical training courses using our hands-on examples of our expertise to bring the theoretical and practical aspects together in an understandable fashion. TVC is an accepted course provider under the TÜV Rheinland Functional Safety and Cyber Security Training Program. The brand TVC has gained recognition in the Process Industry as the most practical & simple explained training courses and seminars conducted in a professional manner.

PRE-READING INFORMATION

At the beginning of the course there will be a brief overview of Cyber Security Fundamentals, with the topics covered being: Network Basics, Network Security Basics, Industrial Protocols and Creating a CSMS Program, with a focus on IEC 62443-2-1:2009.

This course will be assessed through two examinations:

1. The first being a multiple-choice exam covering elements both from the course itself and these cyber security fundamentals. As such, you will receive a slide deck containing information about these fundamentals, 2 weeks before the course commences and when we have received payment. It is therefore highly recommended that these slides are read before the start of the course.
2. The second exam will be an open question exam, covering the information taught within the course.

It is also highly recommended that the following are also read:

- IEC 62443, specifically the documents IEC 62443-2-1, IEC 62443-3-1 and the draft IEC 62443-3-2.
- If you are UK-based the Operational Guidance-0086 by the HSE.

Beyond this there are no further required or recommended books for the security course. However, there are other sources of information that can be read to enhance your understanding of the subject area.

Relevant Background Reading

The book Security PHA Review: For Consequence-Based Cybersecurity by Ed Marszal and Jim McGlone, describes a similar technique to the technique taught on the course and therefore, may be useful for gaining a fuller understanding of the material. It is, however, not required for the course.

Additional Reading

Other material, including white papers and other books, such as Hacking Exposed: Industrial Control Systems by Bodungen, C.E, et. al and Industrial Network Security 2nd Edition by Knapp, E.D, et, al, may be mentioned during the course relating to specific areas or questions. Where appropriate, information will be provided on the source of this information.

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COURSE INFORMATION

The course, face-to-face or virtual classroom, is on-demand tailored to customer's needs. It is held in English and duration is 3,5 days. Day 4 consists of a three-hour examination based on a mixture of multiple choice and open SRA questions. The course is based around a practical case study that will be developed across the three days of the course taking the delegate through the SRA process. The course is a modular structure of classroom tuition followed by a case study practical, which will take the participant through the SRA process as identified in IEC 62443-3-2

PREREQUISITES

In accordance with the TÜV Rheinland Functional Safety and Cyber Security Training Program:

- A minimum of 3 to 5 years' experience in a related field (e.g. Control & Instrumentation, process engineering, IT/OT, functional safety or cyber security).
- University degree or equivalent engineering experience and responsibilities as certified by employer or engineering institution.

EXAM, RULES AND REGULATIONS

On day 4, a three (3) hour competency examination comprising 30 multiple-choice questions (1 mark per question) and open questions 10 questions (4 marks per question). The pass score criterion is 75% on each paper.

FEES AND CONTACTS

Registration is valid only upon receipt of registration form and payment. Please contact us for detailed information about fees. The price includes:

- Course material
- Registration fees and certificate of attendance
- Upon successful completion of the exam a CySec SRA (TÜV Rheinland) certificate and a listing on the TÜV Rheinland website

Contact us to find out more: training@gminternational.com

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